



HappyFood

Breakfast & Lunch Menu

Breakfast 8.00 a.m. – 11.30 a.m.

Full Vegan Breakfast

with Chickpea Scramble, Sausages, Avocado, Leaf Salad & Bread €10.50

Gluten Free HappyGranola

served with Soy Yoghurt & Banana €6.50

Breakfast Chickpea Burrito

with Tomato, Avocado & Lettuce €6.50

Rustic Sourdough Toast

with HappyPeanut Butter & Raspberry Jam €5.00

or with HappyPumpkin Butter, Apple & Banana with Agave Syrup €5.00

Avocado & Tomato Rustic Sourdough Toast

with Coriander, Chilli & Seasoning €5.00

Almond Porridge

served with Banana & Jam €4.50

*add tea / coffee to breakfast for €2.00

Lunch 12.00 p.m. – 3.30 p.m.

Chef's Weekly Special €8.50

Pad Thai

Rice Noodles with Crunchy Fried Veg, Tofu, Roasted Peanuts & Thai Sauce €7.50

Avocado & Tomato Rustic Sourdough Toast

with Salad of your choice €7.00

Falafel Wrap

served in Wholemeal Wrap with HappyHummus, Pickled Cabbage, Tomato Sauce, Cucumber & HappyMayo €6.50

Homemade Soup of the Day €4.50

Hemp Burgers

made with Hemp, Black Beans, Chickpeas & Spinach served in Rustic Sourdough Bun with Pickled Cucumber, Lettuce, Tomato, Onion, Ketchup, & HappyMayo served with Salad
(all burgers served with side salad)

Naked Hemp Burger €7.00 / Double Hemp Burger €9.90

Cheeseburger €8.90 / Double Cheeseburger €10.90

2 Salads €4.50 / 3 Salads €6.50 / 4 Salads & HappyHummus €9.00

*add cup of soup / salad / hummus / tea / coffee for €2.00

*add Rustic Sourdough Bread for 50 cent

*add Gluten Free Homemade Bread for €1.00



HappyFood

Drinks Menu

Coffees

Americano €2.50 / Latte / Cappuccino €3.00

Hot Chocolate with Dairy Free Milk, Cocoa, Agave Syrup & Cinnamon €3.10

Matcha Latte €3.10

* Dairy Free Milk Options: Soya / Almond / Coconut

Teas

Cup €2.50 / Pot €3.90

Life of Brian

Green Sencha, Pineapple, Papaya, Liquorice, Sandalwood, Red Peppercorns & Roman

Chamomile Flowers

South of France

Hibiscus, Raisins, Elderberries, Blackcurrants, Papaya, Apple, Raspberries & Strawberries

Peppermint Blend

Peppermint, Passion Flowers, Lemon Balm & Lavender

Chai Tea

Irish Breakfast Tea

Juices

€5.50

ABC - Apple, Beetroot & Carrot

The Zinger - Carrot, Orange, Lemon & Ginger

Beautiful Skin - Cucumber, Spinach, Celery, Lemon & Orange

Smoothies

€4.80

Green Velvet - Avocado, Pineapple, Orange & Spinach

Cookie Monster - HappyPeanut Butter, Almond Milk, Cocoa & Banana

Super Green - Spinach, Orange, Pineapple, Hemp & Spirulina

Tropical - Pineapple, Spinach, Orange, Chia Seeds, Turmeric & Cinnamon

*add Chia Seeds / Spirulina / Hemp for €1.00

Milkshakes

€5.50

Mocha Vanilla Ice Cream Shake

HappyIce Cream, Almond Milk, Cocoa & Espresso

Snickers Shake

HappyPeanut Butter, Banana, Almond Milk & Cocoa

Vanilla Heaven Shake

HappyVanilla Ice Cream, Coconut, Banana & Coconut Milk

Water

Filtered Water €1.50

Flavoured Water – Lime, Cucumber & Mint €2.00

Coconut Water 350ml €2.50